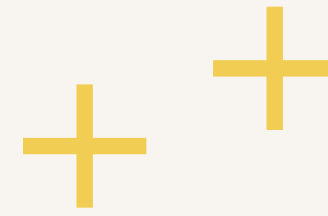


# Street Art: creativity and innovative culture!

Youth Exchange | 4 - 12 August 2024 (travel days included)  
Amarante, Portugal



# Who is Aventura Marão Clube (AMC)?



Is a local, non-profit and civil law association created in 1993 by a group of young people from Amarante with the aim of **promoting healthy lifestyles** among the population (especially young people) of Amarante. It currently has more than 400 members and has 3 active sections: Mountain Biking, Canoeing and Fair Trade. In 1999, opened the 1st Portuguese Fair Trade store and, since 2008 runs the Youth Centre/ Hostel (CJ Amarante), through which it has coordinated more than 150 projects, mainly European, and involved around 5,000 young people in volunteering and participation activities. It is therefore very committed to promoting Europe and its values in the local youth community.

## **AMC's pillars:**

- a) Healthy lifestyles (food and sport)
- b) Sustainable development (organic production, local consumption & Fair Trade)
- c) Education for Human Rights
- d) Initiative and creativity
- e) Intercultural dialogue



# Welcome to Casa da Juventude de Amarante

In 2008 we started to manage the local youth centre/hostel (CJ Amarante) a study case project as we were the first private body managing a public equipment in Portugal and by that we created an initial strategy (support local youth initiatives to approach youngsters to our values; develop mobility and participation projects; offer accommodation and food services.)

AMC has recently received the **quality label for ESC and Erasmus+ accreditation for Youth** (that intends to systematise our performance in terms of mobility of young people and workers in the youth area) with regard to the themes that we defined in our strategy for the next decade:

- **Values** (practicing the values and principles we preach);
- **Sustainability** (activate the local community and contribute to reducing the ecological footprint and combating climate change);
- **Education** (how to train citizens more aware of their rights and responsibilities and with a more global, tolerant and solidarity view of the world around them);
- **Collaboration** (how to develop partnerships that allow closer and more sustained cooperation between different actors in society).



# Food and Accommodation



# About Amarante

Amarante is a **historical city** in northern Portugal with a huge natural and building heritage, the city cultural and artistic tradition made Amarante a **Creative city of UNESCO** network. With 56 thousand inhabitants, Amarante is the municipality with the biggest area of the Porto district.

**Download app Amarante Tourism**  
<http://www.amarante.smiity.com/>



# How to reach us

Amarante is located around 60 km away from Porto. Which means the easiest way for you to reach us is by travelling to **Porto's Airport (OPO)**. From there we will arrange your transport to Amarante.



If impossible to fly to the suggested airport we can find other solutions ;)

# About the Project

The **Youth Exchange “Street Art: creativity and innovative culture!”**, organized by Aventura Marão Clube (AMC), aims to stimulate creativity and community based cultural events by applying a Non-Formal Education methodology (Street Art) to young participants, disseminate its results to other youngsters and youth workers, either at the 2024 youth festival of Amarante (Há Fest) as when back to their countries and local communities. This YE also fight for better lifestyles among youth, in terms of consumption and active participation in their communities.

This project tackles mainly the following strategic objective: **VALUES – promote and practice the values we stand for.** We intend to continue to practice the values and principles that we uphold in all the activities and projects in which we are involved. Furthermore, we want our participants (youth and youth workers) to be able to change their lifestyles (healthier), consumption (more sustainable) and participation (more active) and to act as agents of change in their own insertion communities.



## Place

[Amarante, Portugal](#)



## When

4 - 12 August 2024 (travel days included)



## How many

25 youngsters (18-25 years old) and 5 youth leaders (18+)



## Potential Partners

AMC (Portugal) + 4 from Program countries

# PROGRAM (draft version)



Activity program (draft)								
Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
04/08/24	05/08/24	06/08/24	07/08/24	08/08/24	09/08/24	10/08/24	11/08/24	12/08/24
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Arrival	PRESENTATION presentation and get to know each other, discover Amarante and	INTRODUCTION: presentation of Erasmus+ and Youthpass, introduction to the topic of the YE (Street Art) and division of groups/tasks	STREET ART: Preparation of the street art interventions during Há Fest! (Youth festival)	VISITS: cultural visits (Porto and/or Guimarães)	STREET ART: Street art interventions during Há Fest! (Youth Festival)		GREEN DEAL carbon neutralizing action	Departure
	Group building activities	INTERCULTURAL EVENTS Intercultural dinner, nights and events open to the local community	Free night	Farewell party and Youthpass ceremony				

# Our team



**Miguel**  
(Executive Director and  
Project Manager)



**Marcella**  
(Project Coordinator)



**Lorenzo Biancotti**  
(Facilitator)



**Marcelo**  
(Language Teacher)



**Rita**  
(Communication)





# Bar and Reception Squad



Alfredo



Ondina (Dina)



Tânia



Rita



Paulinho



Edite



Carlos



Margarida



Alice



Lurdes



Luciana

**They will never leave you hungry! Professionals to their bones, you can normally see them in different combinations behind Bar do Girassol and the reception.**

# What to PACK TRAVEL TIME

- Your own hygiene products
- At the youth center we have towels that you can use (you have to leave a 5€ fee that will be given back to you when you return the towel).
- Take with you some cash. In some shops the international credit cards are not accepted
- Swimming suits or shorts and beach towel
- Comfortable clothes and shoes



# Simple Rules



## Drugs and alcohol:

Drugs are not permitted at any Equação project. If someone is found to be using illegal drugs, there will be action taken.

Alcohol is not permitted if you are under 18 and no alcohol is allowed during activities, including meals. Alcohol is also not permitted in the rooms or any other space inside the Youth Center except the bar.



## Smoking:

It is not allowed to smoke inside the building. There are dedicated smoking areas outside so please only smoke in these areas. Smoking is forbidden in the rooms, including the balconies.



## Litter:

Be aware what littering is forbidden. Help the staff on site by keeping the area clean and presentable at all times.

This includes the grounds, accommodations, working and eating room.

Use the bins provided and notify the staff if you need assistance.



## Co-existence:

There may be a considerable number of different people from all over the world, including children, using the site at one period of time. Please follow the guidelines given out by Equação team and be considerate and respectful to other users of the site, including staff members.

# CODE of CONDUCT

This code of conduct is a free will agreement and reflects the wish and responsibility of all partners involved. Under this code of conduct we agree to respect Erasmus+ rules and our partnership should be based on clear, accountable and honest communication processes. All partners should be ready for compromise and to discuss obstacles and different points of view but always respecting fundamental values and principles and actively cooperate under agreed deadlines and tasks.

## SHOW RESPECT FOR

### THE ENVIRONMENT BY

Keeping noise to a reasonable level and observing sensible sleep times;  
Not harming or causing harm to animals, trees and plants;  
Leaving the site in the same condition you found it.

### ALL OTHER PEOPLE ONSITE BY

Acting courteously to all people and respect different cultures and beliefs;  
Behaving appropriately whether supervised or unsupervised; Reporting any suspicious people or activities; Understanding that aggression either verbal or physical will not be tolerated.

### THE FACILITIES BY

Using all equipment considerately and carefully; Smoking only on designated areas;  
Using the waste bins provided and not dropping litter;  
Not wilfully damaging or defacing property.

### THE PROGRAM BY

Being on time to start the program activities;  
Not using your mobile phone during the project activity time;  
Not being late for breakfast, lunch and dinner.

# EMERGENCY evacuation PLAN

**CJ AMARANTE** has an emergency evacuation plan to **ensure** that all people are able to evacuate the building in a timely and **safe** manner.



**EMERGENCY contact**

**112**

## In case of FIRE, you MUST:

Leave the room and follow the exit signs.

If you are the last person leaving and it is safe to do so, close the door of the room, do not stop to collect your possessions.

Immediately raise the alarm by operating the nearest fire call point and break the glass point.

Call the emergency services (112).

Give them the details of where you are and which building.

Call AMC project's manager/coordinator to report what you have witnessed.

Only attempt to extinguish the fire if it is safe to do so and if you are trained to do it.

# Follow us:



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 <https://www.youtube.com/user/cjamarante>

 [info@cj-amarante.org](mailto:info@cj-amarante.org)

